

Point Loma, Shelter Island, Harbor Island



Fun Food for Kids lists places to eat in the areas your family will want to explore in San Diego. At Point Loma, you'll be running from the lighthouse to the marina, so you won't want to waste time hunting for snacks or meals. Starting out early? Sunday Brunch couldn't be better than Shelter Island, and we'll tell you where local families head for the best views and meals. Over on Harbor Island, you can get great sandwiches to go or restaurant dining with bay views. Need to take a break with juices or snacks? Head on over to Point Loma Village. What not to miss? Local seafood is great here, but there's also tried-and-true pizza and hamburgers. Wherever you find yourself, whatever you're in the mood for, here's the list of family-friendly meals and snacks in Point Loma.

You can also look up fun food by categories, to choose what your family likes:

- Breakfast
- Bakery
- Juices
- Deli
- Ice cream
- Pizza and pasta
- Hamburgers and hot dogs
- Vegetarian and natural foods
- "Homecooking" and diners
- Steak and BBQ
- Seafood
- Mexican
- Japanese
- Chinese

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Each fun food listing is labeled so that you'll know right away which ones are good for snacks, where to get food to-go, where to find a quick bite or a sit-down restaurant, or where to splurge to make dining out a special occasion:

- **Treats/Snacks** (bakeries, juice bars, ice cream shops)
- **To go** (where to get things for picnics)
- **Quick food** (counter service, food courts)
- **Simple dining** (casual, family-style restaurants)
- **Splurge dining** (something special: you may pay extra, but you get a great view, setting or food)

When you go to a sit-down restaurant, kids' menus are a bonus – food for little kids and a price break too. Restaurants with kids' menus have a "fork and knife" icon: ☒

■ **Sportfish - Fisherman's Landing**

Galley at H&M Landing

Treats/snacks

Ice cream, sandwiches, pizza by the slice

Summer - 7:00am - 11:00pm daily, Winter 7:00am - 6:00pm daily

**** Emerson St.

Point Loma Seafoods

Quick food



Seafood plates, sandwiches, chowder, salads, sushi

Mon. - Sat. 9:00am - 7:00pm, Sun. 11:00am - 7:00pm

**** Emerson St.

Hudson Bay Seafood

Quick food

Chowder, fish sandwiches, fish platters

Summer - 8:00am - 11:00pm daily, Winter 8:00am - 8:00pm daily

**** Scott St.

■ **Shelter Island Dr. and Scott St.**

Marvelous Muffins

Treats/snacks

Baked goods, muffins, bagels, sandwiches

5:00am - 1:00pm daily

**** Shelter Island Dr.

Pacific Coast

Simple dining

Chinese favorites, plus soup, fried rice, noodles

Mon. - Sat. 11:00am - 9:00pm, closed Sun.

**** Shelter Island Dr.

Stars and Stripes Mart

To go

Sandwiches to go

6:00am - 11:00pm daily

**** Shelter Island Dr.

Subway Sandwiches

To go

Sandwiches

Sun. - Fri. 9:00am - 10:00pm, Sat. 9:00am - 11:00pm

**** Shelter Island Dr.

Miguel's Cocina

Simple dining

Sunday brunch, enchiladas, tacos, quesadillas, hamburgers

Mon. - Sat. 11:00am - 10:00pm, Sun. 10:00pm - 10:00pm

**** Shelter Island Dr.

Loma Bonita Mexican Food

Quick food

Mexican favorites

Mon. - Fri. 8:00am - 9:00pm, Sat. 8:00am - 7:00pm, Sun. 9:00am - 3:00pm

**** Scott St.

■ **Shelter Island**

Umi Sushi

Simple dining



Sushi, tempura, teriyaki, noodles

11:30am - 2:30pm, 5:00pm - 10:00pm daily

**** Shelter Island Dr.

Fiddler's Green Restaurant

Simple dining

Pasta, burgers, sandwiches

5:00pm - 10:00pm daily

**** Shelter Island Dr.

Boll Weevil

Simple dining

Hamburgers

11:00am - 11:00pm daily

**** Shelter Island Dr.

Brigantine Seafood Restaurant

Splurge dining



(415) 555-0000

Grilled swordfish, batter-fried seafood, jumbo shrimp

Mon. - Thurs. 11:30am - 2:30pm, 5:00pm - 9:30pm, Fri. and Sat.

11:30am - 2:30pm, 5:00pm - 10:00pm, Sun. 4:30pm - 9:30pm

**** Shelter Island Dr.

SeaSide Deli

Quick food/To go

Sandwiches and picnic supplies, ice cream bars

Mon. - Sat. 7:00am - 6:00pm, closed Sun. in summer, Mon. - Sat.

7:00am - 4:00pm, closed Sun. in winter

**** Shelter Island Dr.

Red Sails Inn

Simple dining



Seafood, sandwiches, breakfast

7:00am - 11:00pm daily

**** Shelter Island Dr.

Humphrey's By The Bay

Splurge dining



(415) 555-0000

Sunday brunch, bay view, seafood, Asian, Mediterranean dishes

Mon. - Thurs. 6:30am - 2:00pm, 5:30pm - 9:00pm, Fri. 6:30am -

2:00pm, 5:30 - 11:00pm, Sat. 7:00am - 2:00pm, 5:30pm - 11:00pm,

Sun. 7:00am - 2:00pm, 5:30pm - 9:00pm

**** Shelter Island Dr.

Bali Hai

Simple - Splurge dining



(415) 555-0000

Sunday brunch, Hawaiian and Chinese dishes, "flaming wok"

Mon. - Fri. 11:30am - 3:00pm, 5:00pm - 10:00pm, Sat. 4:30pm -

10:00pm, Sun. 11:00am - 2:00pm brunch, 4:30pm - 10:00pm

**** Shelter Island Dr.

Blue Wave Bar and Grill

Simple - Splurge dining ☒

Seafood, outdoor dining, view of the marina

Sun. - Thurs. 6:30am - 9:00pm, Fri. and Sat. 6:30am - 10:00pm

****nd Palms Hotel - 2051 Shelter Island Dr.

AJ's American Bar and Grill

Simple - Splurge dining

Pasta, sandwiches, steak and grilled fish

7:00am - 2:00pm, 5:00pm - 10:00pm daily

**** Shelter Island Dr. - Shelter Pointe Hotel

■ **Rosecrans St.**

Jack in the Box

Quick food

Hamburgers

24 hours daily

**** Rosecrans St.

Winchell's

Treats/snacks

Doughnuts

24 hours daily

**** Rosecrans St.

KFC

Quick food

Fried chicken

10:30am - 10:00pm daily

**** Rosecrans St.

Taco Bell

Quick food

Tacos

Sun. - Thurs. 9:00am - 11:00pm, Fri. and Sat. 9:00am - Midnight

**** Rosecrans St.

Denny's

Simple dining ☒

"Homecooking," hamburgers, ice cream, milkshakes

24 hours daily

**** Rosecrans St.

Vons Market

To go

Sandwiches, deli, bakery

24 hours daily

**** Rosecrans St.

■ **Point Loma Village**

The Point

Treats/snacks

Smoothies, fresh juices, bagels, sandwiches

Mon. - Sat. 6:00am - 3:00pm, Sat. 7:00am - 1:00pm closed Sun.

**** Canon St.

Old Venice

Splurge dining

Italian dishes, pizza, outdoor dining

Mon. - Sat. 11:00am - 9:00pm, Sun. 4:00pm - 9:30pm

**** Canon St.

Reds

Simple dining

Bagels, quesadillas, sandwiches, vegetarian dishes

5:30am - 6:00pm daily in winter, 5:30am - 8:00pm in summer

**** Rosecrans St.

The Living Room

Simple dining

Breakfast, sandwiches, desserts, pastries, cookies

Sun. - Thurs. 6:00am - 11:00pm, Fri. and Sat. 7:00am - Midnight

**** Rosecrans St.

Nellie's Deli

To go

Sandwiches to go

Mon. - Fri. 7:30am - 4:00pm, Sat. 9:30am - 2:30pm, closed Sun.

**** Rosecrans St.

Con Pane

Treats/snacks

Scones, cinnamon rolls, sandwiches

Mon. - Fri. 7:00am - 7:00pm, Sat. 8:00am - 6:00pm, Sun. 8:00am -

4:00pm, closed Wed.

**** Rosecrans St.

Gus's Subs and Pizza

Quick food

Sandwiches, pizza, pasta

10:00am - 10:00pm daily

**** Rosecrans St.

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■ Harbor Dr.

Point Loma Café

Simple dining ☒
 Pancakes, French toast, hamburgers, macaroni and cheese
 Sun. - Thurs. 6:00am - 10:00pm, Fri. and Sat. 6:00am - 11:00am
 **** N. Harbor Dr. - Holiday Inn

Pizza Nova

Simple dining
 California woodfired pizza
 Mon. - Thurs. 11:00am - 9:30pm, Fri. 11:00am - 10:00pm, Sat. 11:30am - 10:00pm, Sun. 11:30am - 9:30pm
 **** N. Harbor Dr.

■ Harbor Island

C Level

Simple dining ☒
 Bistro style pasta, seafood, sandwiches, waterfront dining
 11:30am - 10:00pm daily
 ****E. Harbor Island Dr.

Island Prime

Splurge dining ☒ (415) 555-0000
 Steaks, prime rib, seafoos bay view dining
 5:30pm - 9:30pm daily
 ****E. Harbor Island Dr.

Harbor's Edge Restaurant - Sheraton

Simple - Splurge dining ☒
 Harbor view, bistro-style dishes
 6:30am - 10:00pm daily
 **** Harbor Island Dr.

Papa n' Ani (Cabrillo Isle Marina)

To go
 Sandwiches, breakfasts
 Mon. - Sat. 7:00am - 6:00pm, Sun. 7:00am - 5:00pm
 **** Harbor Island Dr.

Dockside Deli (Marina Cortez)

To go
 Sandwiches to go
 7:00am - 8:00pm daily
 **** Harbor Island Dr.

Sierra Pacific Restaurant - Hilton

Simple dining ☒
 Breakfasts (pancakes, waffles, egg dishes), sandwiches, pasta and seafood dishes
 6:00am - 3:00pm, 5:00pm 10:00pm daily
 **** Harbor Island Dr.

Boathouse Restaurant

Splurge dining ☒
 Breakfast and Sunday brunch, seafood, pasta, steak and lobster, waterfront dining
 Sat. and Sun. Brunch 9:00am - 3:00pm, Sat. 5:00pm - 11:00pm, Sun. 5:00pm - 10:00pm, Mon. - Thurs. 11:30am - 3:00pm, 5:00pm - 10:00pm, Fri. 11:30am - 3:00pm, 5:00pm - 11:00pm
 **** Harbor Island Dr.

Tom Ham's Lighthouse

Splurge dining ☒ (415) 555-0000
 Sunday brunch, seafood, pasta, "early California buffet"
 Mon. - Fri. 11:30am - 3:00pm, 4:30pm - 10:00pm, Sat. 4:30pm - 10:00pm, Sun. 10:00am - 2:00pm brunch, 4:30pm - 10:00pm
 **** Harbor Island Dr.

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■ **Breakfast and Sunday Brunch**

Sierra Pacific Restaurant - Hilton

Simple dining ☒
6:00am - 3:00pm, 5:00pm 10:00pm daily
**** Harbor Island Dr.

Boathouse Restaurant

Splurge dining ☒
Sat. and Sun. Brunch 9:00am - 3:00pm, Sat. 5:00pm - 11:00pm, Sun. 5:00pm - 10:00pm, Mon. - Thurs. 11:30am - 3:00pm, 5:00pm - 10:00pm, Fri. 11:30am - 3:00pm, 5:00pm - 11:00pm
**** Harbor Island Dr.

Tom Ham's Lighthouse

Splurge dining ☒ (415) 555-0000
Mon. - Fri. 11:30am - 3:00pm, 4:30pm - 10:00pm, Sat. 4:30pm - 10:00pm, Sun. 10:00am - 2:00pm brunch, 4:30pm - 10:00pm
**** Harbor Island Dr.

Point Loma Café

Simple dining ☒
Sun. - Thurs. 6:00am - 10:00pm, Fri. and Sat. 6:00am - 11:00am
**** N. Harbor Dr. - Holiday Inn

The Living Room

Simple dining
Sun. - Thurs. 6:00am - 11:00pm, Fri. and Sat. 7:00am - Midnight
**** Rosecrans St.

Denny's

Simple dining ☒
24 hours daily
**** Rosecrans St.

Bali Hai

Simple - Splurge dining ☒ (415) 555-0000
Mon. - Fri. 11:30am - 3:00pm, 5:00pm - 10:00pm, Sat. 4:30pm - 10:00pm, Sun. 11:00am - 2:00pm brunch, 4:30pm - 10:00pm
**** Shelter Island Dr.

Humphrey's By The Bay

Splurge dining ☒ (415) 555-0000
Mon. - Thurs. 6:30am - 2:00pm, 5:30pm - 9:00pm, Fri. 6:30am - 2:00pm, 5:30 - 11:00pm, Sat. 7:00am - 2:00pm, 5:30pm - 11:00pm, Sun. 7:00am - 2:00pm, 5:30pm - 9:00pm
**** Shelter Island Dr.

Red Sails Inn

Simple dining ☒
7:00am - 11:00pm daily
**** Shelter Island Dr.

Miguel's Cocina

Simple dining
Mon. - Sat. 11:00am - 10:00pm, Sun. 10:00pm - 10:00pm
**** Shelter Island Dr.

■ **Bakery**

The Living Room

Simple dining
Sun. - Thurs. 6:00am - 11:00pm, Fri. and Sat. 7:00am - Midnight
**** Rosecrans St.

Con Pane

Treats/snacks
Mon. - Fri. 7:00am - 7:00pm, Sat. 8:00am - 6:00pm, Sun. 8:00am - 4:00pm, closed Wed.
**** Rosecrans St.

Winchell's

Treats/snacks
24 hours daily
**** Rosecrans St.

Vons Market

To go
24 hours daily
**** Rosecrans St.

Marvelous Muffins

Treats/snacks
5:00am - 1:00pm daily
**** Shelter Island Dr.

■ **Deli**

Papa n' Ani (Cabrillo Isle Marina)

To go
Mon. - Sat. 7:00am - 6:00pm, Sun. 7:00am - 5:00pm
**** Harbor Island Dr.

Dockside Deli (Marina Cortez)

To go
7:00am - 8:00pm daily
**** Harbor Island Dr.

Nellie's Deli

To go
Mon. - Fri. 7:30am - 4:00pm, Sat. 9:30am - 2:30pm, closed Sun.
**** Rosecrans St.

Gus's Subs and Pizza

Quick food
10:00am - 10:00pm daily
**** Rosecrans St.

Vons Market

To go
24 hours daily
**** Rosecrans St.

SeaSide Deli

Quick food/To go
Mon. - Sat. 7:00am - 6:00pm, closed Sun. in summer, Mon. - Sat.
7:00am - 4:00pm, closed Sun. in winter
**** Shelter Island Dr.

Stars and Stripes Mart

To go
6:00am - 11:00pm daily
**** Shelter Island Dr.

Subway Sandwiches

To go
Sun. - Fri. 9:00am - 10:00pm, Sat. 9:00am - 11:00pm
**** Shelter Island Dr.

■ **Juices**

The Point

Treats/snacks
Mon. - Sat. 6:00am - 3:00pm, Sat. 7:00am - 1:00pm closed Sun.
**** Canon St.

The Living Room

Simple dining
Sun. - Thurs. 6:00am - 11:00pm, Fri. and Sat. 7:00am - Midnight
**** Rosecrans St.

■ **Ice Cream**

Galley at H&M Landing

Treats/snacks
Summer - 7:00am - 11:00pm daily, Winter 7:00am - 6:00pm daily
**** Emerson St.

Denny's

Simple dining ☒
24 hours daily
**** Rosecrans St.

■ **Seafood**

C Level

Simple dining ☒
11:30am - 10:00pm daily
****E. Harbor Island Dr.

Harbor's Edge Restaurant - Sheraton

Simple - Splurge dining ☒
6:30am - 10:00pm daily
**** Harbor Island Dr.

Boathouse Restaurant

Splurge dining ☒
Sat. and Sun. Brunch 9:00am - 3:00pm, Sat. 5:00pm - 11:00pm, Sun.
5:00pm - 10:00pm, Mon. - Thurs. 11:30am - 3:00pm, 5:00pm -
10:00pm, Fri. 11:30am - 3:00pm, 5:00pm - 11:00pm
**** Harbor Island Dr.

Tom Ham's Lighthouse

Splurge dining ☒ (415) 555-0000
Mon. - Fri. 11:30am - 3:00pm, 4:30pm - 10:00pm, Sat. 4:30pm -
10:00pm, Sun. 10:00am - 2:00pm brunch, 4:30pm - 10:00pm
**** Harbor Island Dr.

Blue Wave Bar and Grill

Simple - Splurge dining ☒
Sun. - Thurs. 6:30am - 9:00pm, Fri. and Sat. 6:30am - 10:00pm
****nd Palms Hotel - 2051 Shelter Island Dr.

Humphrey's By The Bay

Splurge dining ☒ (415) 555-0000
Mon. - Thurs. 6:30am - 2:00pm, 5:30pm - 9:00pm, Fri. 6:30am -
2:00pm, 5:30 - 11:00pm, Sat. 7:00am - 2:00pm, 5:30pm - 11:00pm,
Sun. 7:00am - 2:00pm, 5:30pm - 9:00pm
**** Shelter Island Dr.

Red Sails Inn

Simple dining ☒
7:00am - 11:00pm daily
**** Shelter Island Dr.

Brigantine Seafood Restaurant

Splurge dining ☒ (415) 555-0000
Mon. - Thurs. 11:30am - 2:30pm, 5:00pm - 9:30pm, Fri. and Sat.
11:30am - 2:30pm, 5:00pm - 10:00pm, Sun. 4:30pm - 9:30pm
**** Shelter Island Dr.

Point Loma Seafoods

Quick food ⊗
 Mon. - Sat. 9:00am - 7:00pm, Sun. 11:00am - 7:00pm
 **** Emerson St.

Hudson Bay Seafood

Quick food
 Summer - 8:00am - 11:00pm daily, Winter 8:00am - 8:00pm daily
 **** Scott St.

■ **Pizza and Pasta**

Galley at H&M Landing

Treats/snacks
 Summer - 7:00am - 11:00pm daily, Winter 7:00am - 6:00pm daily
 **** Emerson St.

Pizza Nova

Simple dining
 Mon. - Thurs. 11:00am - 9:30pm, Fri. 11:00am - 10:00pm, Sat.
 11:30am - 10:00pm, Sun. 11:30am - 9:30pm
 **** N. Harbor Dr.

Gus's Subs and Pizza

Quick food
 10:00am - 10:00pm daily
 **** Rosecrans St.

■ **"Homecooking" and Diners**

Point Loma Café

Simple dining ⊗
 Sun. - Thurs. 6:00am - 10:00pm, Fri. and Sat. 6:00am - 11:00am
 **** N. Harbor Dr. - Holiday Inn

Denny's

Simple dining ⊗
 24 hours daily
 **** Rosecrans St.

AJ's American Bar and Grill

Simple - Splurge dining
 7:00am - 2:00pm, 5:00pm - 10:00pm daily
 **** Shelter Island Dr. - Shelter Pointe Hotel

Fiddler's Green Restaurant

Simple dining
 5:00pm - 10:00pm daily
 **** Shelter Island Dr.

■ **Mexican**

Taco Bell

Quick food
 Sun. - Thurs. 9:00am - 11:00pm, Fri. and Sat. 9:00am - Midnight
 **** Rosecrans St.

Miguel's Cocina

Simple dining
 Mon. - Sat. 11:00am - 10:00pm, Sun. 10:00pm - 10:00pm
 **** Shelter Island Dr.

Loma Bonita Mexican Food

Quick food
 Mon. - Fri. 8:00am - 9:00pm, Sat. 8:00am - 7:00pm, Sun. 9:00am -
 3:00pm
 **** Scott St.

■ **Steak and BBQ**

Island Prime

Splurge dining ⊗ (415) 555-0000
 5:30pm - 9:30pm daily
 **** E. Harbor Island Dr.

■ **Japanese**

Umi Sushi

Simple dining ⊗
 11:30am - 2:30pm, 5:00pm - 10:00pm daily
 **** Shelter Island Dr.

■ **Chinese**

Pacific Coast

Simple dining
 Mon. - Sat. 11:00am - 9:00pm, closed Sun.
 **** Shelter Island Dr.

■ **Vegetarian and Natural Foods**

Reds

Simple dining
 5:30am - 6:00pm daily in winter, 5:30am - 8:00pm in summer
 **** Rosecrans St.

